



ILLUMINATE

PSYCHOLOGY
- PERTH -

Medicare Mental Health Treatment Plan (MHTP) Requirements

How do I access a MHTP?

A MHTP can be accessed by booking an appointment with your GP, where they complete the plan, lodge it with Medicare and you are able to access rebates for psychology sessions. The plan is suitable for individuals who have been diagnosed with a 'mental disorder' that is outlined in Medicare's eligibility criteria. When booking to see your GP for this assessment ensure that you book a long appointment to allow enough time for your doctor to complete the plan.

Before your first session with your Psychologist, we ask that you email through a copy of your MHTP as well as an accompanying referral letter from your GP. It is a Medicare requirement that there is a referral letter provided to the Psychologist. On the following page there is an overview of the requirements your GP must include for the referral to be eligible to process rebates. Please feel free to take a copy of this document with you to your GP when getting your plan created.

What will a MHTP provide?

If you have a MHTP you will be entitled to claim up to 10 Medicare rebates under the Better Access Scheme for appointments with a Psychologist in a calendar year. The initial referral will approve you to access rebates for the first 6 sessions, then you will need to return to your GP to get a referral to access the last 4 sessions on the plan. Currently there is an additional covid rebate plan, the 'Additional 10 MBS Mental Health Sessions'. This plan is only in place until the end of 2022, however it provides an additional 10 rebates for psychology sessions.

Rebate amount

The current rebate amount for a Generally Registered Psychologist is \$88.25. Illuminate Psychology Perth is not a bulk billing clinic, clients are required to pay the full fee on the day of service and then we will process your Medicare rebate. Medicare will pay the rebate directly into your account, if there are any issues you will need to contact Medicare directly as we are unable to access personal information about clients Medicare.



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www.illuminatepsychologyperth.com.au

Email: nicole@illuminatepsychologyperth.com.au Healthlink: illumpsy

Greenwood Office - 6 Laird Court, Greenwood
East Perth Office - 125 Royal Street, East Perth



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Doctor (GP/Psychiatrist/Paediatrician) referral letter to Psychologist

Please be aware - the information is **BOLD** is required for a referral letter to meet Medicare requirements.

Doctors Name

Doctors Provider Number

Practice Details

Address

Phone number

Healthlink ID

Email

Date of Referral

Referral to:

Nicole Clements

Registered Psychologist

Illuminate Psychology Perth

6 Laird Court, Greenwood WA 6024 (Provider number 6039312B)

125 Royal Street, East Perth WA 6004 (Provider number 6039313L)

Phone: 0428 102 056

Healthlink ID: illumpsy

nicole@illuminatepsychologyperth.com.au

To Nicole,

Please see my patient, **Patient's Name**, **DOB (XX/XX/XXXX)**, of **Address** for a maximum of **6 psychology sessions** under **Mental Health Care Plan (MHCP)**. Patient Name is seeking your services for the assessment/treatment of **diagnosis/needs/goals**.

Regards

Dr Name and Signature (Please ensure the letter is signed)



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