



# ILLUMINATE

PSYCHOLOGY  
- PERTH -

## Medicate Eating Disorder Treatment Plan (EDP) Requirements

### **How do I access an EDP?**

An EDP can be accessed by booking an appointment with your GP, where they assess whether you meet criteria for diagnosis with an eating disorder. If you meet criteria your GP will complete the plan, lodge it with Medicare and you are able to access rebates for psychology and dietetic support. The plan is suitable for individuals who have been diagnosed with an eating disorder that is outlined in Medicare's eligibility criteria. When booking to see your GP for this assessment ensure that you book a long appointment to allow enough time for your doctor to complete the plan.

Before your first session with your Psychologist, we ask that you email through a copy of your EDP as well as an accompanying referral letter from your GP. It is a Medicare requirement that there is a referral letter provided to the Psychologist. On the following page there is an overview of the requirements your GP must include for the referral to be eligible to process rebates. Please feel free to take a copy of this document with you to your GP when getting your plan created.

### **What will an EDP provide?**

If you have an EDP you will be entitled to claim up to 40 psychology rebates and 20 dietetic rebates for appointments within 12 months of the date the EDP is created. The initial referral will approve you to access rebates for the first 10 sessions, then you will need to return to your GP at every 10 sessions to get a referral to access the next 10 sessions on the plan. You are also required to see a psychiatrist at session 20 to review eligibility to receive the last 20 sessions on the plan.

### **Rebate amount**

The current rebate amount for a Generally Registered Psychologist is \$88.25. Illuminate Psychology Perth is not a bulk billing clinic, clients are required to pay the full fee on the day of service and then we will process your Medicare rebate. Medicare will pay the rebate directly into your account, if there are any issues you will need to contact Medicare directly as we are unable to access personal information about clients Medicare.

Further information can be found on either of these websites:

Eating Disorders Victoria

<https://www.eatingdisorders.org.au/eating-disorders-a-z/medicare-eating-disorders/>

Butterfly Foundation

<https://butterfly.org.au/eating-disorders/eating-disorders-treatment/about-medicare-eating-disorder-plans/>



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[www.illuminatepsychologyperth.com.au](http://www.illuminatepsychologyperth.com.au)

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Greenwood Office - 6 Laird Court, Greenwood  
East Perth Office - 125 Royal Street, East Perth



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## GP - Access to EDP

<https://insideoutinstitute.org.au/resource-library/eating-disorder-care-plan>

## GP - Access to EDP Review (Sessions 10, 20, and 30)

<https://insideoutinstitute.org.au/resource-library/gp-care-plan-review-template>

## GP referral letter to Psychologist

Please be aware – the information is **BOLD** is required for a referral letter to meet Medicare requirements and a referral letter must accompany the EDP.

### **Doctors Name**

### **Doctors Provider Number**

Practice Details

Address

Phone number

Healthlink ID

Email

### **Date of Referral**

Referral to:

Nicole Clements

Registered Psychologist

Illuminate Psychology Perth

6 Laird Court, Greenwood WA 6024 (Provider number 6039312B)

125 Royal Street, East Perth WA 6004 (Provider number 6039313L)

Phone: 0428 102 056

Healthlink ID: illumpsy

[nicole@illuminatepsychologyperth.com.au](mailto:nicole@illuminatepsychologyperth.com.au)

To Nicole,

Please see my patient, **Patient's Name**, **DOB (XX/XX/XXXX)**, of **Address** for a maximum of **10 psychology sessions** under **Eating Disorder Treatment Plan (EDP)**. Patient Name is seeking your services for the assessment/treatment of **XX eating disorder**.

Regards

**Dr Name and Signature (Please ensure the letter is signed)**



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